

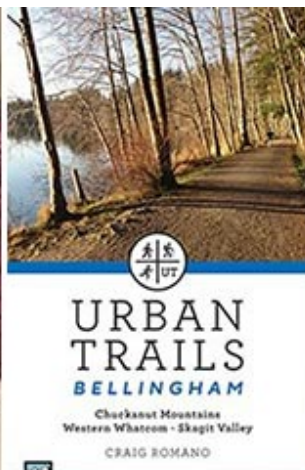
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EVERETT NEWS

monthly e-news for Mountaineers



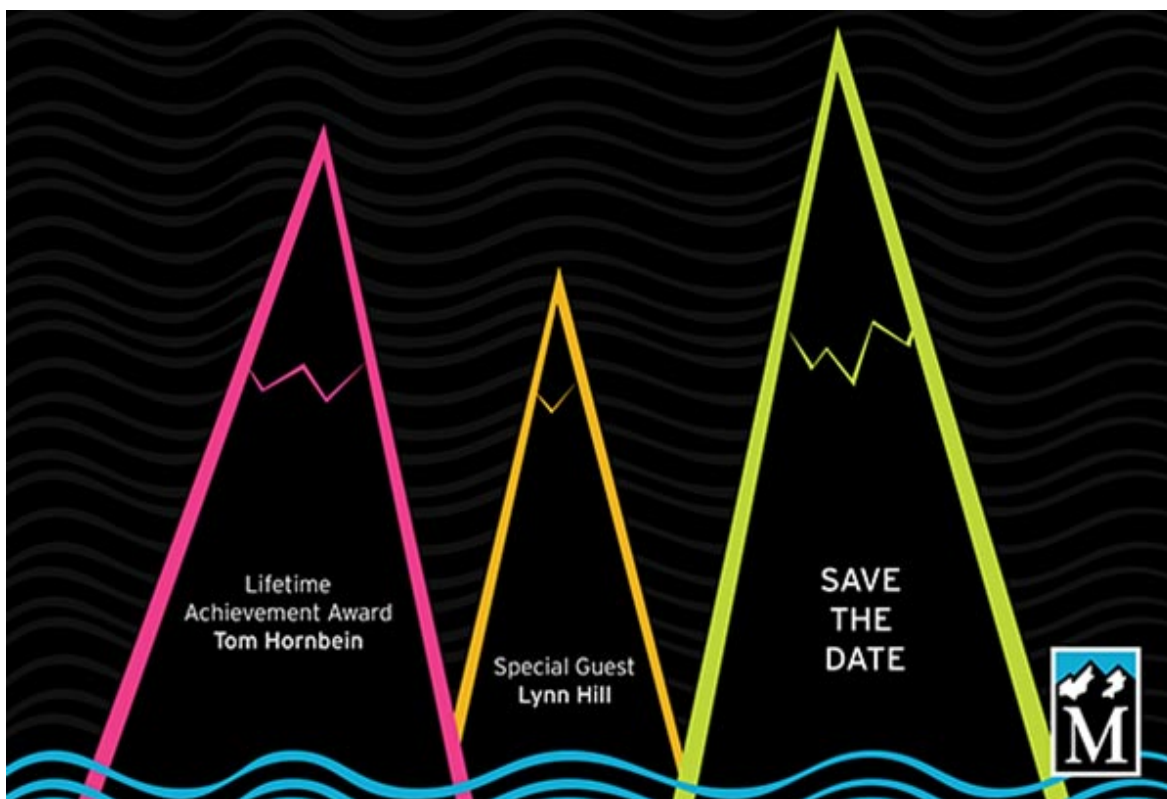
The Annual Potluck & Gear Grab is just a few days away!

Join Us | Wed, Mar 7

All Mountaineers and the general public are invited to attend our annual potluck and gear grab! If your last name begins with a A to L, bring a main dish, M - S, a side dish or salad, and T - Z, a dessert. Also, bring in that clothing and gear that has been sitting in your garage. You can sell or trade it and buy gear from others. **Craig Romano**, a prolific outdoor author, who has written many Mountaineer Hiking Guidebooks, will present his latest book, [Urban Trails, Bellingham](#). Craig will stay afterwards to sell and autograph his guidebook. This event will be at the **Everett United Church of Christ**, 2624 Rockefeller Avenue in Everett beginning at **6:30pm**.

Romano is one of the most prolific trails writers in the Northwest having authored 16 books and co-authored four others covering the region. His *Columbia Highlands: Exploring Washington's Last Frontier*, was recognized in 2010 by Washington Secretary of State, Sam Reed and State Librarian, Jan Walsh as a Washington Reads book for its contribution to Washington's cultural heritage.

RSVP



Please join me at The Mountaineers Annual Gala

Adventure with Purpose | Sun, Apr 14

All Mountaineers are invited to attend the Annual Gala, our biggest fundraising event of the year at Fremont Studios in Seattle. Enjoy dinner, a reception, and silent and live auctions benefiting Mountaineer programs.

The event's special guest is **Lynn Hill**. She's a living legend in the national climbing community, who completed a free ascent of the The Nose in Yosemite - a feat which has only been repeated once in 19 years. Since the early 90s, Lynn has elevated women's rock climbing and helped bring the sport into the national outdoor recreation mainstream. **Tom Hornbein** will receive the Lifetime Achievement Award for his many climbing achievements including serving on the climbing team that enabled Jim Whittaker to reach the summit of Mount Everest in 1963 and traversing Everest's West Ridge with Willi Unsoeld.

The Gala has adopted the theme "Adventure with Purpose." The mantra comes from Vision 2022, our organization's new five year Strategic Plan. Vision 2022 has special significance for Everett Branch members because **one of its goals is to establish new program centers including one in Everett**. There is no better way to demonstrate our members' dedication to this major capital project than by attending the Gala. Matt Vadnal, the editor of this Enewsletter and the Everett Representative on the Board of Directors, is registered as a team captain. When you register to attend, please indicate that you want to sit at Matt's table. **Let's show The Mountaineers leadership that we are committed to establishing a Mountaineer Program Center in Everett.**

Hope to see you there!
Matt Vadnal

[Get Tickets](#)



Courses

2018 Everett Navigation | Mar 3 or Mar 31

This one day course combines lectures, classwork and outdoor field experience to learn the techniques and confidence needed to navigate the wilderness with a map, compass, and altimeter. A requirement for basic climbing and alpine scrambling students. Choose between the [Sat, Mar 3](#) offering or the [Sat, Mar 31](#) offering.

Basic Sea Kayaking | Mar 23 – Sep 23

This once-a-year offering provides you with a thorough and safe introduction to the world of sea kayaking. Learn the basic paddling strokes, how to get back into the kayak after capsizing, trip planning, equipment, and safety guidelines and procedures. On top of all that, you'll meet a great bunch of new friends to paddle with during and after the course.

Wilderness First Aid | Apr, May, or Jun

The Everett Branch has three upcoming wilderness first aid courses open for registration. Taught by Remote Medical International (RMI), a leader in wilderness medicine training and education, the WFA course is 16 hours and designed to provide elementary skills in remote care - useful knowledge for anyone venturing into the outdoors. In addition, this course is a requirement to graduate from many Mountaineers courses.

Learn to Instruct and Lead

Attend these events so you can serve as an Assistant Instructor and share your love of a Mountaineers activity with others. With additional experience and mentoring, you can become an activity leader.

Scrambling Field Trip Instructor Orientation | Mar 14

Two-hour classroom orientation for new or aspiring Everett Scrambling field trip assistant instructors. It's a great way to sharpen and maintain your skills, to help others, and to give back to The Mountaineers. Topics include field trip logistics and day itineraries, expectations of instructors, fundamentals of how to teach and demonstrate physical skills, roles of Field Trip leaders, lead instructors, and assistant instructors and safety.

Scrambling Rope Techniques Workshop | Mar 24

This workshop will cover usage of an emergency descent rope (and a few other lightweight pieces of climbing gear) in scrambling terrain. Includes decision-making criteria for determining if the situation and terrain are appropriate for using a rope.

Sea Kayaking Train-the-Trainer Clinic | March 24

In this all-day clinic, all present and future instructors and assistants will learn how to teach the Basic Kayak Course students. The entire gamut of skills will be demonstrated and practiced including wet exits and self-rescues, assisted rescues, and paddle strokes.

Activities

Day Hike - Mima Falls

Sat, Mar 17
Easy, Leader Permission Required

Sea Kayak - Snohomish Rivery

Sat, Mar 17
Moderate, Prerequisites

Day Hike - Mount Si Main Trail

Sun, Mar 25
Moderate/Strenuous, Leader Permission Required

Wilderness First Aid

Apr, May, or Jun
No Prerequisites

As always, you can check out all Everett Mountaineers activities [online](#) and also sign up for activities across [all branches](#).

Future Submissions

Do you have a story to share? Our branch is full of tales of adventure, personal triumph, lessons learned, and unforgettable characters. Sharing these stories helps us celebrate what it means to be a Mountaineer. In particular, we'd love to feature a profile of an inspirational Everett Branch member.

If you have an item for an upcoming enewsletter, email it to newsletter@everettmountaineers.org by the 25th of the month. Please include the following:

1. Title
2. Date
3. Web link to corresponding mountaineers.org listing
4. Short Description
5. Photo if you'd like (this is not required)

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